

Clinical Practice Guidelines



Washington | Medicaid

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ADULT HEALTH Note: Multiple documents also discuss the management the referenced condition in the pediatric population.

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WOMEN'S HEALTH

OTHER-TECHNOLOGY

Condition/Disease	Guideline Title	Recognized Source(s)	URL
ADULT HEALTH Ret	curn to table of contents		
Adjustment Disorder	Adjustment Disorder (2017)	John Hopkins Medicine	hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3.0
Alzheimer's Disease / Dementia	Health Systems and Medical Professionals Resource Site	Alzheimer's Association	alz.org/professionals/health-systems-medical- professionals
	American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis	American Psychiatric Association	https://psychiatryonline.org/doi/pdf/10.1176/appi.books. 9780890426807

Updated: Commercial/Exchange Quality Improvement Committee

Quality Improvement Committee (QIC) CPGs are applicable to all LOBs

https://provider.wellpoint.com/wa

Coverage provided by Wellpoint Washington, Inc.

Wellpoint Washington, Inc. profoundly acknowledges and respects the inherent sovereignty of the federally recognized tribes in Washington state. In our efforts to promote high-quality healthcare, we honor the tribal right of self-governance, holding in deep esteem the government-to-government relationship existing between the state and the tribes, a bond reiterated by the *Centennial Accord* and established by *RCW 43.376*. We heartily commit to enhancing our coordination, collaboration, and communication with tribal health programs and providers. Our activities are driven by an intent of respect, understanding, and recognition of the deeply rooted traditions and values of the tribal communities.

WAWP-CD-078820-25-SR578820 | March 2025

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	in Patients with Dementia (May 2016)		
Anxiety	Anxiety Disorders (Last Reviewed February 2025)	National Institute of Mental Health (NIMH)	nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml
Appendicitis	Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines	World Society of Emergency Surgery (WSES)	wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf
Asthma	Guidelines for the Diagnosis and Management of Asthma (EPR-3) (September 2012) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating	National Heart, Lung, and Blood Institute (NHLBI)	nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines
	Committee Expert Panel Working Group Asthma Clinical	Global Initiative for Asthma (GINA)	https://ginasthma.org/
	Practice Guidelines (2024)	Global initiative for Astrinia (GINA)	https://ginastima.org/
Atopic Dermatitis	Guidelines of Care for the Management of Atopic Dermatitis (Last updated 2023)	American Academy of Dermatology	aad.org/member/clinical-quality/guidelines/atopic-dermatitis

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Behavioral Health Screening, Assessment and Treatment	The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015)	American Psychiatric Association (APA)	https://psychiatryonline.org/doi/full/10.1176/appi.books. 9780890426760.pe02
	National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (January 2025)	Substance Abuse and Mental Health Services Administration (SAMHSA)	samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf
* Addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents	CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder	Canadian Network for Mood and Anxiety Treatments (CANMAT)	canmat.org/2019/03/27/2018-bipolar-guidelines/
Borderline Personality	Practice Guideline for the Treatment of Patients with Borderline Personality Disorder (November 2024)	APA	https://psychiatryonline.org/doi/book/10.1176/appi.book s.9780890428009
Coronary Artery Disease (CAD)	AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease	American Heart Association/ American College of Cardiology Foundation (AHA/ACCF)	ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(November 2011		
	Update)		
	Treatment of	American Heart Association,	ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207
	Hypertension in	American College of Cardiology,	
	Patients with Coronary	and American Society of	
	Artery Disease	Hypertension	
	(March 2015) Effectiveness-Based	Appariagn Hoart Association (ALIA)	ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8
	Guidelines for the	American Heart Association (AHA)	anajournais.org/aoi/pat/10.1161/Cik.0b013e31820taat8
	Prevention of		
	Cardiovascular Disease		
	in Women- 2011 Update		
	(February 2011)		
	ACC/AHA Guideline on	American College of	jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010
	the	Cardiology/American Heart	,
	Primary Prevention of	Association (ACC/AHA)	
	Cardiovascular Disease		
	(2019)		
	2021	American College of Cardiology/	jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053
	AHA/ACC/ASE/CHEST/S	American Heart Association/	
	AEM/	Society of Cardiovascular	
	SCCT/SCMR Guideline	Computed Tomography / Society	
	for the	for Academic	
	Evaluation and Diagnosis of Chest Pain	Emergency Medicine / Society for Cardiovascular Magnetic	
	Diagnosis of Chest Pain	Resonance / American College of	
		Chest Physicians / American Society	
		of Echocardiography / American	
		Heart	
	2021 ACC/AHA/SCAI	American College of Cardiology	jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1
	Guideline for	/American Heart Association	356655696.1641505900-317854238.1639608139
	Coronary Artery	/Society for Cardiovascular	
	Revascularization	Angiography and Interventions	

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Celiac Disease	ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (January 2023)	American College of Gastroenterology	https://journals.lww.com/ajg/fulltext/2023/01000/%20merican_college_of_gastroenterology_guidelines.17.aspx
Chronic Kidney Disease (CKD)	The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence- based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications	National Kidney Foundation	kidney.org/professionals/guidelines/guidelines_commentaries
	Chronic Kidney Disease: Detection and Evaluation (2017)	American Academy of Family Physicians (AAFP)	aafp.org/afp/2017/1215/p776.html
	KDIGO (Kidney Disease Improving Global Outcomes) 2024 CKD evaluation and Management	International Society of Nephrology	https://kdigo.org/guidelines/ckd-evaluation-and-management/
Chronic Obstructive Pulmonary Disease (COPD)	Global Strategy for the Prevention, Diagnosis, and Management of COPD	Global Initiative for Chronic Obstructive Lung Disease (GOLD)	https://goldcopd.org/2025-gold-report/
Depression	Canadian Network for Mood and Anxiety Treatments (CANMAT) 2023 Update on Clinical	Canadian Network for Mood and Anxiety Treatments (CANMAT)	https://journals.sagepub.com/doi/epub/10.1177/07067437 241245384

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Guidelines for Management of Major Depressive Disorder in Adults		
	Depression in Adults: Screening (June 2023)	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/screening-depression-suicide-risk-adults
	VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (2022)	Department of Veterans Affairs Department of Defense	healthquality.va.gov/guidelines/MH/mdd/
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	APA	apa.org/depression-guideline/guideline.pdf
Diabetes	Standards of Medical Care in Diabetes (2025)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/issue/48/1
Eating Disorders	Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023)	APA	https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi. ajp.23180001
Eosinophilic Esophagitis	AGA Institute and the Joint Task Force on Allergy-Immunology	American Gastroenterological Association (AGA)	gastrojournal.org/action/showPdf?pii=S0016- 5085%2820%2930265-1

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020)		
Gender- Dysphoria/ Incongruence	Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017) Correction to Clinical Practice Guideline	The Endocrine Society	https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true https://academic.oup.com/jcem/article/103/2/699/46750
	(February 2018) Correction to Clinical Practice Guideline (July 2018)		https://academic.oup.com/jcem/article/103/7/2758/5036711
	Standards of Care for the Health of Transgender and Gender Diverse People, Version 8	World Professional Association for Transgender Health (WPATH)	wpath.org/publications/soc
Fall Risk	Falls Prevention in Community-Dwelling Older Adults: Interventions (June 2024)	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/falls-prevention-community-dwelling-older-adults- interventions

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates	National Council on Aging	ncoa.org/older-adults/health/prevention/falls- prevention
Hearing Loss	Age-Related Hearing Loss (April 2024)	American Academy of Otolaryngology — Head and Neck Surgery	entnet.org/quality-practice/quality-products/clinical- practice-guidelines/cpg-age-related-hearing-loss/
Heart Failure (HF)	2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017)	American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA)	ahajournals.org/doi/epub/10.1161/CIR.00000000000000106 3 onlinejacc.org/content/70/6/776?_ga=2.23313085.6673185 68.1514996759-679389624.1511900706
Hyperlipidemia	2018 AHA/ACC/AACVPR/A APA/ABC/ACPM/ADA/ AGS/APhA/ASPC, NLA /PCNA Guideline on the Management of Blood Cholesterol (June 2019)	American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Back Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists	acc.org/~/media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
		Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACP M/ADA/AGS/APhA/ASPC/NLA/PCN A)	
Hypertension	ACC/AHA/AAPA/ABC/A CPM/AGS/APhA/ASH/A SPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017)	American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA)	onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.00 6?sso=1&sso_redirect_count=1&access_token= onlinejacc.org/content/71/19/2275
Low Back Pain	Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017)	American College of Physicians (ACP)	acpjournals.org/doi/10.7326/M16-2367
Obesity	Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/obesity-in-adults-interventions

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Interventions (September 2018)		
	AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (June 2014)	American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS)	ahajournals.org/doi/10.1161/CIR.0000000000000000
Oppositional Defiant Disorder (ODD)	Common Questions About Oppositional Defiant Disorder (April 2016)	American Academy of Family Physicians (AAFP)	aafp.org/dam/brand/aafp/pubs/afp/issues/2016/0401/p 586.pdf
Posttraumatic Stress Disorder	Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017)	APA	apa.org/ptsd-guideline
	VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder	Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group	healthquality.va.gov/guidelines/MH/ptsd/VA-DoD-CPG-PTSD-Full-CPGAug242023.pdf
	(2024) PTSD Screening Instruments	Department of Veterans Affairs: PTSD: National Center for PTSD	ptsd.va.gov/professional/assessment/screens/index.asp
Rheumatoid Arthritis	2021 American College of Rheumatology Guideline for the	American College of Rheumatology (ACR)	https://assets.contentstack.io/v3/assets/bltee37abb6b27 8ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a /ra-guideline-2021.pdf

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	Treatment of Rheumatoid Arthritis		
Rhinitis	Rhinitis 2020: A practice parameter update	American Academy of Allergy, Asthma, and Immunology (AAAAI)	jacionline.org/action/showPdf?pii=S0091- 6749%2820%2931023-X
Schizophrenia	Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021)	APA	https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf
	VA/DoD Clinical Practice Guideline For Management Of First-Episode Psychosis and Schizophrenia (2023)	Veterans Administration/Department of Defense (VA/DoD)	healthquality.va.gov/guidelines/MH/scz/VADoDCPGSchi zophreniaCPG_Final_508.pdf
Sickle Cell Anemia	American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain	American Society of Hematology	https://ashpublications.org/bloodadvances/article/4/12/ 2656/460974/
Stroke	2024 Guideline for the Primary Prevention of Stroke: A Guideline from the American Heart Association/American Stroke Association	American Heart Association/American Stroke Association	ahajournals.org/doi/epub/10.1161/STR.00000000000004 75
Suicide Risk	SAFE-T: Suicide Assessment Five Step Evaluation and Triage	Suicide Prevention Resource Center (SPRC)	samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide- assessment-five-step-evaluation-triage-safe-t-clinicians

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	(Last updated 2/13/2025) VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide (2024)	Veterans Administration/Department of Defense (VA/DoD)	VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide
Surgery	Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018)	Agency for Healthcare Research and Quality (AHRQ)	ajog.org/article/S0002-9378(18)30583-0/pdf
	Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and	AHRQ	ncbi.nlm.nih.gov/pubmed/28797562
	Recovery (October 2017) Surgical Technical Evidence Review for Elective Total Joint Replacement	AHRQ	https://journals.sagepub.com/doi/pdf/10.1177/2151458518 754451

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	Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018)		
Trauma Care	A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (October 2015)	SAMHSA	https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420
	Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series		https://store.samhsa.gov/?f%5B0%5D=series%3A1078
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Chlamydia/ Human Papillomavirus (HPV)	Sexually Transmitted Diseases Treatment Guidelines (2021)	Center for Disease Control and Prevention (CDC)	cdc.gov/std/treatment-guidelines/default.htm
Hepatitis B	AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015)	American Association for the Study of Liver Diseases (AASLD)	https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1 002/hep.28156
	Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018)		ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms95 7253.pdf

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Hepatitis C	HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C	Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD)	hcvguidelines.org/
	Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017)	World Health Organization (WHO)	http://apps.who.int/iris/bitstream/handle/10665/205035 /9789241549615_eng.pdf;jsessionid=569946A6B8399B8CE D0D09D7F7A9BD3C?sequence=1%20%20%20
HIV/AIDS	Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (2024)	HIV Medicine Association of the Infectious Diseases Society of America (IDSA)	idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/
	HIV Guidelines	CDC	cdc.gov/hivnexus/hcp/guidelines/index.html
	2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (2017)	Infectious Diseases Society of America	idsociety.org/globalassets/idsa/practice- guidelines/2017-hivma-of-idsa-clinical-practice- guideline-for-the-management-of-chronic-pain-in- patients-living-with-hiv.pdf
	HIV and Adolescents: Guidance for HIV testing and counselling and care for	WHO	who.int/publications/i/item/9789241506168

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	adolescents living with HIV (2013)		
Lyme Disease	Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease	Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR)	idsociety.org/practice-guideline/lyme-disease/#null
Upper Respiratory Infections	Treatment of the Common Cold (2019)	American Academy of Family Physicians (AAFP)	aafp.org/pubs/afp/issues/2019/0901/p281.html
	Clinical Care for Outpatient Clinical Care for Adults (Last reviewed April 16, 2024)	CDC	cdc.gov/antibiotic-use/hcp/clinical-care/adult- outpatient.html?CDC_AAref_Val=https://www.cdc.gov/a ntibiotic-use/clinicians/adult-treatment-rec.html
	Outpatient Clinical Care for Pediatric Populations (Last reviewed April 22, 2024)	CDC	cdc.gov/antibiotic-use/hcp/clinical-care/pediatric- outpatient.html?CDC_AAref_Val=https://www.cdc.gov/a ntibiotic-use/clinicians/pediatric-treatment-rec.html
	IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis)	Infectious Diseases Society of America	idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/

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Tuberculosis	Treatment of Drug- Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019)	American Thoracic Society (ATS), the CDC, the European Respiratory Society, and Infectious Diseases Society of American (IDSA)	idsociety.org/practice-guideline/treatment-of-drug- resistant-tb/#null
PEDIATRIC/ADOLES	SCENT HEALTH) Return	to Table of Contents	
Adjustment Disorder	Adjustment Disorder: Collection of Evidence- Based Practices, 7 th Edition	Virginia Commission on Youth	http://vcoy.virginia.gov/009%20adj.pdf
Anxiety	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020)	American Academy of Adolescent Psychiatry	Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org)
ADHD	Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention- Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019)	American Academy of Pediatrics (AAP)	https://publications.aap.org/pediatrics/article/144/4/e2 0192528/81590/Clinical-Practice-Guideline-for-the- Diagnosis?autologincheck=redirected
	ADHD Diagnosis and Treatment in Children and Adolescents (2024)	AHRQ	https://effectivehealthcare.ahrq.gov/products/attention -deficit-hyperactivity-disorder/research

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Autism	Identification Evaluation and Management of Children with Autism Spectrum Disorder (January 2020)	AAP	https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf
Celiac Disease	Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005)	North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN)	naspghan.org/files/documents/pdfs/position- papers/celiac_guideline_2004_jpgn.pdf
Depression	Depression and Suicide Risk in Children and Adolescents: Screening (October 2022)	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/screening-depression-suicide-risk-children- adolescents
	APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019)	APA	apa.org/depression-guideline/guideline.pdf
Hypertension in Children and Adolescents	Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents	AAP	https://publications.aap.org/pediatrics/article/140/3/e2 0171904/38358/Clinical-Practice-Guideline-for-Screening- and

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	(September 2017)		
Obesity	Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (2023)	AAP	https://publications.aap.org/pediatrics/article/doi/10.15 42/peds.2022-060640/190443/Clinical-Practice-Guideline- for-the-Evaluation-and?autologincheck=redirected
	Clinical Report: The Role of the Pediatrician in the Promotion of Health, Active Living (March 2024)	AAP	https://publications.aap.org/pediatrics/article/153/3/e2 023065480/196676/The-Role-of-the-Pediatrician-in-the- Promotion-of
Oppositional Defiant Disorder (ODD)	Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017)	National Institute of Health (NIH) PubMed	ncbi.nlm.nih.gov/pmc/articles/PMC5950520/
Pharmacologic Monitoring of Antipsychotics	Evidence-Based Recommendations for Monitoring Safety of Second Generation Antipsychotics in Children and Youth (2011)	Canadian Institutes of Health Research	ncbi.nlm.nih.gov/pmc/articles/PMC3143700/pdf/ccap20_3p218.pdf
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	The ASAM Criteria: Treatment Criteria for Addictive, Substance- Related, and Co-	American Society of Addiction Medicine	asam.org/asam-criteria Document requires purchase

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	occurring Conditions, Volume 1: Adults. 4th ed		
	Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016)	AAP	https://publications.aap.org/pediatrics/article/138/3/e2 0161893/52715/Medication-Assisted-Treatment-of- Adolescents-With
	American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019)	American Society of Addiction Medicine	asam.org/quality-care/clinical-guidelines/drug-testing
	Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018)	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/Page/Document/Upd ateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions
	CDC Guideline for Prescribing Opioids for Chronic Pain — United States (2022)	CDC	cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103 a1.htm_w
	American Society of Addiction Medicine Clinical Practice Guideline on Alcohol	American Society of Addiction Medicine	asam.org/docs/default-source/quality- science/the_asam_clinical_practice_guideline_on_alcoho l-1.pdf?sfvrsn=ba255c2_2

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	Withdrawal Management (2020)		
	American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020)	APA	https://psychiatryonline.org/doi/pdf/10.1176/appi.books. 9781615371969
	The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update	American Society of Addiction Medicine	asam.org/quality-care/clinical-guidelines/national-practice-guideline
	Medication for Substance Use Disorders- (Last Updated April 11, 2024)	SAMHSA	samhsa.gov/medication-assisted-treatment
Cigarette Cessation	Relearn Life Without Cigarettes	National Alliance for Tobacco Cessation (NATC)	https://www.becomeanex.org/
	Identifying and Treating Patients Who Use Tobacco (July 2017)	U.S. Department of Health and Human Services	https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf
	ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018)	American College of Cardiology (ACC)	jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027

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Electronic Cigarettes	E-Cigarettes (Vapes)	CDC	cdc.gov/tobacco/e- cigarettes/?CDC_AAref_Val=https://www.cdc.gov/tobac co/basic_information/e-cigarettes/index.htm
	American Academy of Pediatrics Policy Statement E-Cigarettes and Similar Devices (February 2019)	AAP	https://publications.aap.org/pediatrics/article/143/2/e2 0183652/37305/E-Cigarettes-and-Similar-Devices
			UIT NOW will connect the caller to their state quit line.
WOMEN'S HEALTH	_	turn to table of contents	5 / 1 / 5 / 2000 (1004 / 147) 15
Perinatal Depression	Perinatal Depression: AAP Policy Statement on Recognition and Management (2019)	AAP	aafp.org/pubs/afp/issues/2019/1001/p443.pdf
Routine Antepartum Care	American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017)	AAP & American Congress of Obstetrics and Gynecology (ACOG)	acog.org/clinical-information/physician-faqs/- /media/3a22e153b67446a6b31fb051e469187c.ashx
Preventive Care	Women's Preventive Services Guidelines (Last Reviewed 2022)	Health Resources and Services Administration (HRSA)	hrsa.gov/womens-guidelines-2016/index.html
Cancer Screening	Women's Health Care Physicians: Cervical Cancer FAQs (May 2023)	ACOG	acog.org/womens-health/faqs/cervical-cancer- screening
	Cervical Cancer: Screening (August 2018)	U.S. Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/cervical-cancer-screening

Condition/Disease	Guideline Title	Recognized Source(s)	URL
Diabetes and Pregnancy	Management of Diabetes in Pregnancy (2025)	American Diabetes Association (ADA)	https://diabetesjournals.org/care/article/48/Supplemen t_1/S306/157565/15-Management-of-Diabetes-in- Pregnancy-Standards
	Gestational Diabetes Mellitus, Screening (August 2021)	United States Preventive Services Task Force (USPSTF)	uspreventiveservicestaskforce.org/uspstf/recommendati on/gestational-diabetes-mellitus- screening?ds=1&s=gestational%20diabetes
	Gestational Diabetes	ACOG	acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus Members only
Care of Complications during Pregnancy	WHO recommendations for Prevention and treatment of pre- eclampsia and eclampsia (2011) Updates in 2018, 2020 2021	WHO	who.int/publications/i/item/9789241548335
	Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020)	ACOG/ Society for Maternal Fetal Health (SMFH)	acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2010/03/magnesium-sulfate-before- anticipated-preterm-birth-for-neuroprotection.pdf
	Pre-Gestational Diabetes Mellitus Number 201 (December 2018)	ACOG	acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus Members only

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Management of Preterm Labor Number 171 (Reaffirmed 2018)	ACOG	acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor Members only
	Chronic Hypertension in	ACOG	acog.org/clinical/clinical-guidance/practice-
	Pregnancy (January 2019)		bulletin/articles/2019/01/chronic-hypertension-in- pregnancy
			Members only
Diagnosis of Mental Health Conditions	Screening and Diagnosis of Mental Health Conditions During Pregnancy and Postpartum (2023)	ACOG	acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/06/screening-and-diagnosis-of-mental-health-conditions-during-pregnancy-and-postpartum
			Members only
Substance use Specific to Women	Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021)	ACOG	acog.org/clinical/clinical-guidance/committee- opinion/articles/2015/06/alcohol-abuse-and-other- substance-use-disorders-ethical-issues-in-obstetric-and- gynecologic-practice
	Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014)	WHO	who.int/publications/i/item/9789241548731
	Substance Abuse and Mental Health Services Association Clinical Guidance for Treating	Substance Abuse and Mental Health Services Association	https://store.samhsa.gov/sites/default/files/d7/priv/sma 18-5054.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018)		
Equity in Health Care	Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018)	ACOG	acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/01/importance-of-social- determinants-of-health-and-cultural-awareness-in-the- delivery-of-reproductive-health-care.pdf
	Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021)	ACOG	acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2018/08/marriage-and-family- building.pdf
	Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021)	ACOG	acog.org/- /media/project/acog/acogorg/clinical/files/committee- opinion/articles/2014/02/health-disparities-in-rural- women.pdf
Smoking Cessation during Pregnancy	Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023)	ACOG	acog.org/clinical/clinical-guidance/committee- opinion/articles/2020/05/tobacco-and-nicotine- cessation-during-pregnancy
	Need Help Putting Out That Cigarette?	ACOG	tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf

Condition/Disease	Guideline Title	Recognized Source(s)	URL
	Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic," an Innovative Web-Based Training for Healthcare Professionals	Dartmouth Medical School	ncbi.nlm.nih.gov/pmc/articles/PMC4394722/
OTHER TECHNOLOG			
	Guidelines for the Practice of Telepsychology (Last updated 2023)	APA	apa.org/practice/guidelines/telepsychology https://s21151.pcdn.co/wp-content/uploads/APA- Guideline-for-the-Practice-of-Telepsychology.pdf
	Best Practices in Videoconferencing- Based Telemental Health (April 2018)	American Psychiatric Association (APA) and American Telemedicine Association (ATA)	https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf
	AACAP's Telepsychiatry Toolkit	American Academy of Child & Adolescent Psychiatry (AACAP)	aacap.org/AACAP/Clinical_Practice_Center/Business_of_ Practice/Telepsychiatry/toolkit_videos.aspx
	Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021)	American Society of Clinical Oncology (ASCO)	https://ascopubs.org/doi/full/10.1200/OP.21.00438
	Telehealth and Telemedicine	American Academy of Family Physicians (AAFP)	aafp.org/family-physician/practice-and- career/managing-your-practice/telehealth-and- telemedicine.html
	Standards for Technology in Social Work Practice	National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education	Standards for Technology in Social Work Practice

Condition/Disease	Guideline Title	Recognized Source(s)	URL
		(CSWE) & Clinical Social Work Affiliation (CSWA)	