

Clinical Practice Guidelines

Washington | Medicaid

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ADULT HEALTH **Note:** Multiple documents also discuss the management the referenced condition in the pediatric population.

INFECTIOUS DISEASE

PEDIATRIC/ADOLESCENT HEALTH

SUBSTANCE USE

WOMEN'S HEALTH

OTHER-TECHNOLOGY

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| Adjustment Disorder | Adjustment Disorder (2017) | John Hopkins Medicine | hopkinsguides.com/hopkins/view/Johns_Hopkins_Psychiatry_Guide/787068/all/Adjustment_Disorder#3.0 |
| Alzheimer's Disease / Dementia | Health Systems and Medical Professionals Resource Site | Alzheimer's Association | alz.org/professionals/health-systems-medical-professionals |
| | American Psychiatric Association Practice Guideline on the Use of Antipsychotics to Treat Agitation or Psychosis | American Psychiatric Association | https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807 |

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Quality Improvement Committee (QIC)
CPGs are applicable to all LOBs

<https://provider.wellpoint.com/wa>

Coverage provided by Wellpoint Washington, Inc.

Wellpoint Washington, Inc. profoundly acknowledges and respects the inherent sovereignty of the federally recognized tribes in Washington state. In our efforts to promote high-quality healthcare, we honor the tribal right of self-governance, holding in deep esteem the government-to-government relationship existing between the state and the tribes, a bond reiterated by the *Centennial Accord* and established by RCW 43.376. We heartily commit to enhancing our coordination, collaboration, and communication with tribal health programs and providers. Our activities are driven by an intent of respect, understanding, and recognition of the deeply rooted traditions and values of the tribal communities.

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| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|-------------------|--|---|--|
| | in Patients with Dementia (May 2016) | | |
| Anxiety | Anxiety Disorders (Last Reviewed February 2025) | National Institute of Mental Health (NIMH) | nimh.nih.gov/health/publications/anxiety-disorders/treatment-of-anxiety-disorders.shtml |
| Appendicitis | Diagnosis and Treatment of Acute Appendicitis: 2020 Update of the WSES Jerusalem Guidelines | World Society of Emergency Surgery (WSES) | wses.org.uk/wp-content/uploads/2020/04/acute-appendicitis-update.pdf |
| Asthma | Guidelines for the Diagnosis and Management of Asthma (EPR-3) (September 2012) 2020 Focused Updates to the Asthma Management Guidelines: A Report from the National Asthma Education and Prevention Program Coordinating Committee Expert Panel Working Group | National Heart, Lung, and Blood Institute (NHLBI) | nhlbi.nih.gov/health-topics/guidelines-for-diagnosis-management-of-asthma nhlbi.nih.gov/health-topics/all-publications-and-resources/2020-focused-updates-asthma-management-guidelines |
| | Asthma Clinical Practice Guidelines (2024) | Global Initiative for Asthma (GINA) | https://ginasthma.org/ |
| Atopic Dermatitis | Guidelines of Care for the Management of Atopic Dermatitis (Last updated 2023) | American Academy of Dermatology | aad.org/member/clinical-quality/guidelines/atopic-dermatitis |

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|---|--|---|---|
| Behavioral Health Screening, Assessment and Treatment | The American Psychiatric Association Practice Guidelines for the Psychiatric Evaluation of Adults 3rd edition (August 2015) | American Psychiatric Association (APA) | https://psychiatryonline.org/doi/full/10.1176/appi.books.9780890426760.pe02 |
| | National Guidelines for Behavioral Health Crisis Care Best Practice Toolkit (January 2025) | Substance Abuse and Mental Health Services Administration (SAMHSA) | samhsa.gov/sites/default/files/national-guidelines-for-behavioral-health-crisis-care-02242020.pdf |
| Bipolar Disorder* * Addresses diagnosis and treatment of bipolar disorder in special populations such as children and adolescents | CANMAT and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder | Canadian Network for Mood and Anxiety Treatments (CANMAT) | canmat.org/2019/03/27/2018-bipolar-guidelines/ |
| Borderline Personality | Practice Guideline for the Treatment of Patients with Borderline Personality Disorder (November 2024) | APA | https://psychiatryonline.org/doi/book/10.1176/appi.books.9780890428009 |
| Coronary Artery Disease (CAD) | AHA/ACC Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease | American Heart Association/ American College of Cardiology Foundation (AHA/ACC) | ahajournals.org/doi/pdf/10.1161/CIR.0b013e318235eb4d |

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|-------------------|---|--|--|
| | (November 2011 Update) | | |
| | Treatment of Hypertension in Patients with Coronary Artery Disease (March 2015) | American Heart Association, American College of Cardiology, and American Society of Hypertension | ahajournals.org/doi/pdf/10.1161/CIR.0000000000000207 |
| | Effectiveness-Based Guidelines for the Prevention of Cardiovascular Disease in Women- 2011 Update (February 2011) | American Heart Association (AHA) | ahajournals.org/doi/pdf/10.1161/CIR.0b013e31820faaf8 |
| | ACC/AHA Guideline on the Primary Prevention of Cardiovascular Disease (2019) | American College of Cardiology/American Heart Association (ACC/AHA) | jacc.org/doi/pdf/10.1016/j.jacc.2019.03.010 |
| | 2021 AHA/ACC/ASE/CHEST/S AEM/ SCCT/SCMR Guideline for the Evaluation and Diagnosis of Chest Pain | American College of Cardiology/ American Heart Association/ Society of Cardiovascular Computed Tomography / Society for Academic Emergency Medicine / Society for Cardiovascular Magnetic Resonance / American College of Chest Physicians / American Society of Echocardiography / American Heart | jacc.org/doi/pdf/10.1016/j.jacc.2021.07.053 |
| | 2021 ACC/AHA/SCAI Guideline for Coronary Artery Revascularization | American College of Cardiology /American Heart Association /Society for Cardiovascular Angiography and Interventions | jacc.org/doi/10.1016/j.jacc.2021.09.006?_ga=2.60669549.1356655696.1641505900-317854238.1639608139 |

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|--|---|---|---|
| Celiac Disease | ACG Clinical Guidelines: Diagnosis and Management of Celiac Disease (January 2023) | American College of Gastroenterology | https://journals.lww.com/ajg/fulltext/2023/01000/%20merican_college_of_gastroenterology_guidelines.17.aspx |
| Chronic Kidney Disease (CKD) | The National Kidney Foundation Kidney Disease Outcomes Quality Initiative (NKF KDOQI)™ evidence-based clinical practice guidelines for all stages of chronic kidney disease (CKD) and related complications | National Kidney Foundation | kidney.org/professionals/guidelines/guidelines_comments |
| | Chronic Kidney Disease: Detection and Evaluation (2017) | American Academy of Family Physicians (AAFP) | aafp.org/afp/2017/1215/p776.html |
| | KDIGO (Kidney Disease Improving Global Outcomes) 2024 CKD evaluation and Management | International Society of Nephrology | https://kdigo.org/guidelines/ckd-evaluation-and-management/ |
| Chronic Obstructive Pulmonary Disease (COPD) | Global Strategy for the Prevention, Diagnosis, and Management of COPD | Global Initiative for Chronic Obstructive Lung Disease (GOLD) | https://goldcopd.org/2025-gold-report/ |
| Depression | Canadian Network for Mood and Anxiety Treatments (CANMAT) 2023 Update on Clinical | Canadian Network for Mood and Anxiety Treatments (CANMAT) | https://journals.sagepub.com/doi/epub/10.1177/07067437241245384 |

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| Condition/Disease | Guideline Title | Recognized Source(s) | URL |
|---------------------------------|--|---|---|
| | Guidelines for Management of Major Depressive Disorder in Adults | | |
| | Depression in Adults: Screening (June 2023) | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-adults |
| | VA/DoD Clinical Practice Guideline for the Management of Major Depressive Disorder (2022) | Department of Veterans Affairs Department of Defense | healthquality.va.gov/guidelines/MH/mdd/ |
| | APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019) | APA | apa.org/depression-guideline/guideline.pdf |
| Diabetes | Standards of Medical Care in Diabetes (2025) | American Diabetes Association (ADA) | https://diabetesjournals.org/care/issue/48/1 |
| Eating Disorders | Practice Guideline for the Treatment of Patients with Eating Disorders Fourth Edition (2023) | APA | https://ajp.psychiatryonline.org/doi/pdf/10.1176%2Fappi.ajp.23180001 |
| Eosinophilic Esophagitis | AGA Institute and the Joint Task Force on Allergy-Immunology | American Gastroenterological Association (AGA) | gastrojournal.org/action/showPdf?pii=S0016-5085%2820%2930265-1 |

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|---------------------------------------|---|---|---|
| | Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis (2020) | | |
| Gender- Dysphoria/ Incongruence | Endocrine Treatment of Gender- Dysphoric/Gender- Incongruent Persons: An Endocrine Society* Clinical Practice Guideline (September 2017) Correction to Clinical Practice Guideline (February 2018) Correction to Clinical Practice Guideline (July 2018) | The Endocrine Society | https://academic.oup.com/jcem/article/102/11/3869/4157558?login=true https://academic.oup.com/jcem/article/103/2/699/4675081 https://academic.oup.com/jcem/article/103/7/2758/5036711 |
| | Standards of Care for the Health of Transgender and Gender Diverse People, Version 8 | World Professional Association for Transgender Health (WPATH) | wpath.org/publications/soc |
| Fall Risk | Falls Prevention in Community-Dwelling Older Adults: Interventions (June 2024) | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/falls-prevention-community-dwelling-older-adults-interventions |

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|--------------------|--|---|--|
| | Evidence –Based Falls Prevention Programs: Resources for Professionals and Advocates | National Council on Aging | ncoa.org/older-adults/health/prevention/falls-prevention |
| Hearing Loss | Age-Related Hearing Loss (April 2024) | American Academy of Otolaryngology — Head and Neck Surgery | entnet.org/quality-practice/quality-products/clinical-practice-guidelines/cpg-age-related-hearing-loss/ |
| Heart Failure (HF) | 2022 ACCF/AHA guideline for the management of heart failure: a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines ACCF/AHA/HFSA Guideline for the Management of Heart Failure (Focused Update 2017) | American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines/ Heart Failure Society of America (ACCF/ AHA/HFSA) | ahajournals.org/doi/epub/10.1161/CIR.0000000000001063 onlinejacc.org/content/70/6/776?_ga=2.23313085.667318568.1514996759-679389624.1511900706 |
| Hyperlipidemia | 2018 AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC, NLA/PCNA Guideline on the Management of Blood Cholesterol (June 2019) | American College of Cardiology/American Heart Association/ American Association of Cardiovascular and Pulmonary Rehabilitation/American Academy of Physician Assistants/Association of Black Cardiologists/American College of Preventive Medicine/American Diabetes Association/American Geriatrics Society/American Pharmacists | acc.org/~media/Non-Clinical/Files-PDFs-Excel-MS-Word-etc/Guidelines/2018/Guidelines-Made-Simple-Tool-2018-Cholesterol.pdf |

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|-------------------|---|---|--|
| | | Association/ American Society of Preventive Cardiology/National Lipid Association/Preventive Cardiovascular Nurses Association (ACC/AHA/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA) | |
| Hypertension | ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (November 2017) Correction to Guideline (May 2018) | American College of Cardiology (ACC)/ American Heart Association (AHA)/ American Academy of Physician Assistants (AAPA)/ Association of Black Cardiologists (ABC)/ American College of Preventive Medicine (ACPM)/ American Geriatrics Society (AGS)/ American Pharmacists Association (APhA)/ American Society of Hypertension (ASH)/ American Society for Preventive Cardiology (ASPC)/ National Medical Association (NMA)/ Preventive Cardiovascular Nurses Association (PCNA) | onlinejacc.org/content/early/2017/11/04/j.jacc.2017.11.006?sso=1&sso_redirect_count=1&access_token= onlinejacc.org/content/71/19/2275 |
| Low Back Pain | Noninvasive Treatments for Acute, Subacute, and Chronic Low Back Pain: A Clinical Practice Guideline from the American College of Physicians (2017) | American College of Physicians (ACP) | acpjournals.org/doi/10.7326/M16-2367 |
| Obesity | Weight Loss to Prevent Obesity-Related Morbidity and Mortality in Adults: Behavioral | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/obesity-in-adults-interventions |

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| | Interventions (September 2018) | | |
| | AHA /ACC /TOS Guideline for the Management of Overweight and Obesity in Adults (June 2014) | American College of Cardiology (ACC)/ American Heart Association (AHA) Task Force on Practice Guidelines and The Obesity Society (TOS) | ahajournals.org/doi/10.1161/CIR.0000000000000070 |
| Oppositional Defiant Disorder (ODD) | Common Questions About Oppositional Defiant Disorder (April 2016) | American Academy of Family Physicians (AAFP) | aafp.org/dam/brand/aafp/pubs/afp/issues/2016/0401/p586.pdf |
| Posttraumatic Stress Disorder | Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults (February 2017) VA/DOD Clinical Practice Guideline for the Management of Posttraumatic Stress Disorder and Acute Stress Disorder (2024) PTSD Screening Instruments | APA Department of Veterans Affairs Department of Defense: The Management of Posttraumatic Stress Disorder Work Group Department of Veterans Affairs: PTSD: National Center for PTSD | apa.org/ptsd-guideline healthquality.va.gov/guidelines/MH/ptsd/VA-DoD-CPG-PTSD-Full-CPGAug242023.pdf ptsd.va.gov/professional/assessment/screens/index.asp |
| Rheumatoid Arthritis | 2021 American College of Rheumatology Guideline for the | American College of Rheumatology (ACR) | https://assets.contentstack.io/v3/assets/bltee37abb6b278ab2c/blt9e44ccb701e1918c/63360f6775c0be225b8d943a/ra-guideline-2021.pdf |

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|--------------------|---|---|---|
| | Treatment of Rheumatoid Arthritis | | |
| Rhinitis | Rhinitis 2020: A practice parameter update | American Academy of Allergy, Asthma, and Immunology (AAAAI) | jacionline.org/action/showPdf?pii=S0091-6749%2820%2931023-X |
| Schizophrenia | Practice Guideline for the Treatment of Patients with Schizophrenia 3 rd edition (2021) VA/DoD Clinical Practice Guideline For Management Of First-Episode Psychosis and Schizophrenia (2023) | APA Veterans Administration/Department of Defense (VA/DoD) | https://s21151.pcdn.co/wp-content/uploads/APA-Practice-Guideline-for-the-Trmt-of-Patients-with-Schizophrenia-3rd-Edition-SRC-1-8-21-CMMC-1.pdf healthquality.va.gov/guidelines/MH/scz/VADoDCPGSchizophreniaCPG_Final_508.pdf |
| Sickle Cell Anemia | American Society of Hematology 2020 guidelines for sickle cell disease: management of acute and chronic pain | American Society of Hematology | https://ashpublications.org/bloodadvances/article/4/12/2656/460974/ |
| Stroke | 2024 Guideline for the Primary Prevention of Stroke: A Guideline from the American Heart Association/American Stroke Association | American Heart Association/American Stroke Association | ahajournals.org/doi/epub/10.1161/STR.0000000000000475 |
| Suicide Risk | SAFE-T: Suicide Assessment Five Step Evaluation and Triage | Suicide Prevention Resource Center (SPRC) | samhsa.gov/resource/dbhis/safe-t-pocket-card-suicide-assessment-five-step-evaluation-triage-safe-t-clinicians |

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|-------------------|---|--|---|
| | (Last updated 2/13/2025) VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide (2024) | Veterans Administration/Department of Defense (VA/DoD) | VA/DoD Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide |
| Surgery | Surgical technical evidence review for gynecologic surgery conducted for the Agency for Healthcare Research and Quality Safety Program for Improving Surgical Care and Recovery (December 2018) | Agency for Healthcare Research and Quality (AHRQ) | ajog.org/article/S0002-9378(18)30583-0/pdf |
| | Surgical Technical Evidence Review for Colorectal Surgery Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (October 2017) | AHRQ | ncbi.nlm.nih.gov/pubmed/28797562 |
| | Surgical Technical Evidence Review for Elective Total Joint Replacement | AHRQ | https://journals.sagepub.com/doi/pdf/10.1177/2151458518754451 |

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| | Conducted for the AHRQ Safety Program for Improving Surgical Care and Recovery (February 2018) | | |
| Trauma Care | A Treatment Improvement Protocol: Trauma-Informed Care in Behavioral Health Services (October 2015) Trauma-Informed Care in Behavioral Health Services: Treatment Improvement Protocol (TIP) Series | SAMHSA | https://store.samhsa.gov/product/Trauma-Informed-Care-in-Behavioral-Health-Services/SMA15-4420 https://store.samhsa.gov/?f%5B0%5D=series%3A1078 |
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| Chlamydia/ Human Papillomavirus (HPV) | Sexually Transmitted Diseases Treatment Guidelines (2021) | Center for Disease Control and Prevention (CDC) | cdc.gov/std/treatment-guidelines/default.htm |
| Hepatitis B | AASLD Guidelines for Treatment of Chronic Hepatitis B (August 2015) Update on Prevention, Diagnosis, and Treatment of Chronic Hepatitis B: AASLD 2018 Hepatitis B Guidance (Jan 2018) | American Association for the Study of Liver Diseases (AASLD) | https://aasldpubs.onlinelibrary.wiley.com/doi/epdf/10.1002/hep.28156 ncbi.nlm.nih.gov/pmc/articles/PMC5975958/pdf/nihms957253.pdf |

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|-------------------|---|--|--|
| Hepatitis C | HCV Guidance: Recommendations for Testing, Managing and Treating Hepatitis C | Infectious Diseases Society of America (IDSA)/ American Association for the Study of Liver Disease (AASLD) | hcvguidelines.org/ |
| | Guidelines for the Screening, Care and Treatment of Persons with Chronic Hepatitis C Infection (2017) | World Health Organization (WHO) | http://apps.who.int/iris/bitstream/handle/10665/205035/9789241549615_eng.pdf;jsessionid=569946A6B8399B8CED0D09D7F7A9BD3C?sequence=1%20%20%20 |
| HIV/AIDS | Primary Care Guidelines for the Management of Persons Infected With HIV: 2013 Update by the HIV Medicine Association of the Infectious Diseases Society of America (2024) | HIV Medicine Association of the Infectious Diseases Society of America (IDSA) | idsociety.org/practice-guideline/primary-care-management-of-people-with-hiv/ |
| | HIV Guidelines | CDC | cdc.gov/hivnexus/hcp/guidelines/index.html |
| | 2017 HIVMA of IDSA Clinical Practice Guideline for the Management of Chronic Pain in Patients Living With HIV (2017) | Infectious Diseases Society of America | idsociety.org/globalassets/idsa/practice-guidelines/2017-hivma-of-idsa-clinical-practice-guideline-for-the-management-of-chronic-pain-in-patients-living-with-hiv.pdf |
| | HIV and Adolescents: Guidance for HIV testing and counselling and care for | WHO | who.int/publications/i/item/9789241506168 |

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|------------------------------|---|--|---|
| | adolescents living with HIV (2013) | | |
| Lyme Disease | Clinical Practice Guidelines by the Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR): 2020 Guidelines for the Prevention, Diagnosis and Treatment of Lyme Disease | Infectious Diseases Society of America (IDSA), American Academy of Neurology (AAN), and American College of Rheumatology (ACR) | idsociety.org/practice-guideline/lyme-disease/#null |
| Upper Respiratory Infections | Treatment of the Common Cold (2019) | American Academy of Family Physicians (AAFP) | aafp.org/pubs/afp/issues/2019/0901/p281.html |
| | Clinical Care for Outpatient Clinical Care for Adults (Last reviewed April 16, 2024) | CDC | cdc.gov/antibiotic-use/hcp/clinical-care/adult-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/adult-treatment-rec.html |
| | Outpatient Clinical Care for Pediatric Populations (Last reviewed April 22, 2024) | CDC | cdc.gov/antibiotic-use/hcp/clinical-care/pediatric-outpatient.html?CDC_AAref_Val=https://www.cdc.gov/antibiotic-use/clinicians/pediatric-treatment-rec.html |
| | IDSA Guidelines on the Treatment and Management of Patients with COVID-19 (Document updated on a regular basis) | Infectious Diseases Society of America | idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/ |

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| Tuberculosis | Treatment of Drug-Resistant Tuberculosis. An Official ATS/CDC/ERS/IDSA Clinical Practice Guideline (2019) | American Thoracic Society (ATS), the CDC, the European Respiratory Society, and Infectious Diseases Society of American (IDSA) | idsociety.org/practice-guideline/treatment-of-drug-resistant-tb/#null |
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| Adjustment Disorder | Adjustment Disorder: Collection of Evidence-Based Practices, 7 th Edition | Virginia Commission on Youth | http://vcoy.virginia.gov/009%20adj.pdf |
| Anxiety | Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders (2020) | American Academy of Adolescent Psychiatry | Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Anxiety Disorders - Journal of the American Academy of Child & Adolescent Psychiatry (jaacap.org) |
| ADHD | Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-Deficit/Hyperactivity Disorder in Children and Adolescents (October 2019) | American Academy of Pediatrics (AAP) | https://publications.aap.org/pediatrics/article/144/4/e20192528/81590/Clinical-Practice-Guideline-for-the-Diagnosis?autologincheck=redirected |
| | ADHD Diagnosis and Treatment in Children and Adolescents (2024) | AHRQ | https://effectivehealthcare.ahrq.gov/products/attention-deficit-hyperactivity-disorder/research |

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|--|--|---|---|
| Autism | Identification Evaluation and Management of Children with Autism Spectrum Disorder (January 2020) | AAP | https://pediatrics.aappublications.org/content/pediatrics/early/2019/12/15/peds.2019-3447.full.pdf |
| Celiac Disease | Guideline for the Diagnosis and Treatment of Celiac Disease in Children: Recommendations of the North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (January 2005) | North American Society for Pediatric Gastroenterology, Hepatology, and Nutrition (NASPGHAN) | naspghan.org/files/documents/pdfs/position-papers/celiac_guideline_2004_jpgn.pdf |
| Depression | Depression and Suicide Risk in Children and Adolescents: Screening (October 2022) | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/screening-depression-suicide-risk-children-adolescents |
| | APA Clinical Practice Guideline for the Treatment of Depression Across Three Age Cohorts (February 2019) | APA | apa.org/depression-guideline/guideline.pdf |
| Hypertension in Children and Adolescents | Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents | AAP | https://publications.aap.org/pediatrics/article/140/3/e20171904/38358/Clinical-Practice-Guideline-for-Screening-and |

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|---|---|--|---|
| | (September 2017) | | |
| Obesity | Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity (2023) | AAP | https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2022-060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected |
| | Clinical Report: The Role of the Pediatrician in the Promotion of Health, Active Living (March 2024) | AAP | https://publications.aap.org/pediatrics/article/153/3/e2023065480/196676/The-Role-of-the-Pediatrician-in-the-Promotion-of |
| Oppositional Defiant Disorder (ODD) | Fifty years of preventing and treating childhood behavior disorders: a systematic review to inform policy and practice (April 2017) | National Institute of Health (NIH) PubMed | ncbi.nlm.nih.gov/pubmed/3550520/ |
| Pharmacologic Monitoring of Antipsychotics | Evidence-Based Recommendations for Monitoring Safety of Second Generation Antipsychotics in Children and Youth (2011) | Canadian Institutes of Health Research | ncbi.nlm.nih.gov/pubmed/2143700/pdf/ccap20_3p218.pdf |
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| | The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related, and Co- | American Society of Addiction Medicine | asam.org/asam-criteria <i>Document requires purchase</i> |

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|-------------------|--|--|---|
| | occurring Conditions, Volume 1: Adults. 4th ed | | |
| | Medication-Assisted Treatment of Adolescents with Opioid Use Disorders (September 2016) | AAP | https://publications.aap.org/pediatrics/article/138/3/e20161893/52715/Medication-Assisted-Treatment-of-Adolescents-With |
| | American Society of Addiction Medicine Consensus Statement - Appropriate Use of Drug Testing in Clinical Addiction Medicine (Reviewed December 2019) | American Society of Addiction Medicine | asam.org/quality-care/clinical-guidelines/drug-testing |
| | Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (November 2018) | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/Page/Document/UpdateSummaryFinal/unhealthy-alcohol-use-in-adolescents-and-adults-screening-and-behavioral-counseling-interventions |
| | CDC Guideline for Prescribing Opioids for Chronic Pain — United States (2022) | CDC | cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1.htm_w |
| | American Society of Addiction Medicine Clinical Practice Guideline on Alcohol | American Society of Addiction Medicine | asam.org/docs/default-source/quality-science/the_asam_clinical_practice_guideline_on_alcohol-1.pdf?sfvrsn=ba255c2_2 |

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| | Withdrawal Management (2020) | | |
| | American Psychiatric Association Practice Guideline for the Pharmacological Treatment of Patients with Alcohol Use Disorder (Reviewed 2020) | APA | https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9781615371969 |
| | The National Practice Guideline for the Treatment of Opioid Use Disorder – 2020 Focused Update | American Society of Addiction Medicine | asam.org/quality-care/clinical-guidelines/national-practice-guideline |
| | Medication for Substance Use Disorders- (Last Updated April 11, 2024) | SAMHSA | samhsa.gov/medication-assisted-treatment |
| Cigarette Cessation | Relearn Life Without Cigarettes | National Alliance for Tobacco Cessation (NATC) | https://www.becomeanex.org/ |
| | Identifying and Treating Patients Who Use Tobacco (July 2017) | U.S. Department of Health and Human Services | https://millionhearts.hhs.gov/files/Tobacco-Cessation-Action-Guide.pdf |
| | ACC Expert Consensus Decision Pathway on Tobacco Cessation Treatment (2018) | American College of Cardiology (ACC) | jacc.org/doi/pdf/10.1016/j.jacc.2018.10.027 |

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| Electronic Cigarettes | E-Cigarettes (Vapes) | CDC | cdc.gov/tobacco/e-cigarettes/?CDC_AAref_Val=https://www.cdc.gov/tobacco/basic_information/e-cigarettes/index.htm |
| | American Academy of Pediatrics Policy Statement E-Cigarettes and Similar Devices (February 2019) | AAP | https://publications.aap.org/pediatrics/article/143/2/e20183652/37305/E-Cigarettes-and-Similar-Devices |
| All states offer free smoking cessation telephone quit line services. Dialing 1-800-QUIT NOW will connect the caller to their state quit line. | | | |
| WOMEN'S HEALTH | | Return to table of contents | |
| Perinatal Depression | Perinatal Depression: AAP Policy Statement on Recognition and Management (2019) | AAP | aafp.org/pubs/afp/issues/2019/1001/p443.pdf |
| Routine Antepartum Care | American Academy of Pediatrics, Guidelines for Perinatal Care, Eighth Edition (September 2017) | AAP & American Congress of Obstetrics and Gynecology (ACOG) | acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx |
| Preventive Care | Women's Preventive Services Guidelines (Last Reviewed 2022) | Health Resources and Services Administration (HRSA) | hrsa.gov/womens-guidelines-2016/index.html |
| Cancer Screening | Women's Health Care Physicians: Cervical Cancer FAQs (May 2023) | ACOG | acog.org/womens-health/faqs/cervical-cancer-screening |
| | Cervical Cancer: Screening (August 2018) | U.S. Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/cervical-cancer-screening |

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| Diabetes and Pregnancy | Management of Diabetes in Pregnancy (2025) | American Diabetes Association (ADA) | https://diabetesjournals.org/care/article/48/Supplement_1/S306/157565/15-Management-of-Diabetes-in-Pregnancy-Standards |
| | Gestational Diabetes Mellitus, Screening (August 2021) | United States Preventive Services Task Force (USPSTF) | uspreventiveservicestaskforce.org/uspstf/recommendation/gestational-diabetes-mellitus-screening?ds=1&s=gestational%20diabetes |
| | Gestational Diabetes | ACOG | acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/02/gestational-diabetes-mellitus <i>Members only</i> |
| Care of Complications during Pregnancy | WHO recommendations for Prevention and treatment of pre-eclampsia and eclampsia (2011) <i>Updates in 2018, 2020 2021</i> | WHO | who.int/publications/i/item/9789241548335 |
| | Committee Opinion 455. Magnesium Sulfate Before Anticipated Preterm Birth for Neuroprotection (Reaffirmed 2020) | ACOG/ Society for Maternal Fetal Health (SMFH) | acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2010/03/magnesium-sulfate-before-anticipated-preterm-birth-for-neuroprotection.pdf |
| | Pre-Gestational Diabetes Mellitus Number 201 (December 2018) | ACOG | acog.org/clinical/clinical-guidance/practice-bulletin/articles/2018/12/pregestational-diabetes-mellitus <i>Members only</i> |

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| | Management of Preterm Labor Number 171 (Reaffirmed 2018) | ACOG | acog.org/clinical/clinical-guidance/practice-bulletin/articles/2016/10/management-of-preterm-labor <i>Members only</i> |
| | Chronic Hypertension in Pregnancy (January 2019) | ACOG | acog.org/clinical/clinical-guidance/practice-bulletin/articles/2019/01/chronic-hypertension-in-pregnancy <i>Members only</i> |
| Diagnosis of Mental Health Conditions | Screening and Diagnosis of Mental Health Conditions During Pregnancy and Postpartum (2023) | ACOG | acog.org/clinical/clinical-guidance/clinical-practice-guideline/articles/2023/06/screening-and-diagnosis-of-mental-health-conditions-during-pregnancy-and-postpartum <i>Members only</i> |
| Substance use Specific to Women | Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in Obstetric and Gynecologic Practice. Number 633 (Reaffirmed 2021) | ACOG | acog.org/clinical/clinical-guidance/committee-opinion/articles/2015/06/alcohol-abuse-and-other-substance-use-disorders-ethical-issues-in-obstetric-and-gynecologic-practice |
| | Guidelines for the identification and management of substance use and substance use disorders in pregnancy (2014) | WHO | who.int/publications/i/item/9789241548731 |
| | Substance Abuse and Mental Health Services Association Clinical Guidance for Treating | Substance Abuse and Mental Health Services Association | https://store.samhsa.gov/sites/default/files/d7/priv/sma18-5054.pdf |

Updated: Commercial/Exchange Quality Improvement Committee
Quality Improvement Committee (QIC)
CPGs are applicable to all LOBs

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| | Pregnant and Parenting Women with Opioid Use Disorder and Their Infants (May 2018) | | |
| Equity in Health Care | Importance of Social Determinants of Health and Cultural Awareness in the Delivery of Reproductive Health Care (Reaffirmed 2018) | ACOG | acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/01/importance-of-social-determinants-of-health-and-cultural-awareness-in-the-delivery-of-reproductive-health-care.pdf |
| | Committee Opinion 749 Marriage and Family Building Equality for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual, and Gender Nonconforming Individuals (Reaffirmed 2021) | ACOG | acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2018/08/marriage-and-family-building.pdf |
| | Committee Opinion 586 Health Disparities in Rural Women (Reaffirmed 2021) | ACOG | acog.org/-/media/project/acog/acogorg/clinical/files/committee-opinion/articles/2014/02/health-disparities-in-rural-women.pdf |
| Smoking Cessation during Pregnancy | Tobacco and Nicotine Cessation During Pregnancy ACOG. Number 807 (Reaffirmed 2023) | ACOG | acog.org/clinical/clinical-guidance/committee-opinion/articles/2020/05/tobacco-and-nicotine-cessation-during-pregnancy |
| | Need Help Putting Out That Cigarette? | ACOG | tobacco-cessation.org/PDFs/NeedHelpBooklet.pdf |

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| | Smoking Cessation for Pregnancy and Beyond: A Virtual Clinic,” an Innovative Web-Based Training for Healthcare Professionals | Dartmouth Medical School | ncbi.nlm.nih.gov/pmc/articles/PMC4394722/ |
| OTHER TECHNOLOGY Return to Table of Contents | | | |
| | Guidelines for the Practice of Telepsychology (Last updated 2023) | APA | apa.org/practice/guidelines/telepsychology https://s21151.pcdn.co/wp-content/uploads/APA-Guideline-for-the-Practice-of-Telepsychology.pdf |
| | Best Practices in Videoconferencing-Based Telemental Health (April 2018) | American Psychiatric Association (APA) and American Telemedicine Association (ATA) | https://s21151.pcdn.co/wp-content/uploads/APA-ATA-Best-Practices-in-Videoconferencing-Based-Telemental-Health.pdf |
| | AACAP's Telepsychiatry Toolkit | American Academy of Child & Adolescent Psychiatry (AACAP) | aacap.org/AACAP/Clinical_Practice_Center/Business_of_Practice/Telepsychiatry/toolkit_videos.aspx |
| | Telehealth in Oncology: ASCO Standards and Practice Recommendations (September 2021) | American Society of Clinical Oncology (ASCO) | https://ascopubs.org/doi/full/10.1200/OP.21.00438 |
| | Telehealth and Telemedicine | American Academy of Family Physicians (AAFP) | aafp.org/family-physician/practice-and-career/managing-your-practice/telehealth-and-telemedicine.html |
| | Standards for Technology in Social Work Practice | National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Council on Social Work Education | Standards for Technology in Social Work Practice |

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| | | (CSWE) & Clinical Social Work Affiliation (CSWA) | |