

Clinical Utilization Management Guidelines

Attached is a list of the *Clinical Utilization Management (UM) Guidelines* Wellpoint has adopted.

The full list of *Medical Policies* and *Clinical UM Guidelines* are publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#) > Resources > Provider Policies, Guidelines & Manuals. Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines or InterQual® Level of Care Criteria (based on specific provider contracts) are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

In addition, for behavioral health services, the American Society for Addiction Medicine® (ASAM) Patient Placement Criteria is utilized for substance use disorder treatment authorizations, with the exception of detoxification which uses MCG Care Guidelines.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG Care Guidelines and InterQual Criteria.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

Clinical Utilization Management Guidelines

Texas | Medicaid

The *Clinical Utilization Management Guidelines (CUMG)* below, that are indicated as *New*, were adopted by the Medical Operations Committee for Medicaid and CHIP members on September 28, 2023.

To view a guideline, visit <https://provider.wellpoint.com/texas-provider/resources/manuals-and-guides/medical-policies-and-clinical-guidelines>.

| <i>CUMG</i> number | <i>CUMG</i> title | New item |
|--------------------|---|----------|
| CG-ADMIN-01 | Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists | |
| CG-ANC-08 | Mobile Device-Based Health Management Applications | |
| CG-DME-06 | Compression Devices for Lymphedema | |
| CG-DME-39 | Dynamic Low-Load Prolonged-Duration Stretch Devices | |
| CG-DME-41 | Ultraviolet Light Therapy Delivery Devices for Home Use | |
| CG-DME-44 | Electric Tumor Treatment Field (TTF) | |
| CG-DME-46 | Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting | |
| CG-DME-48 | Vacuum Assisted Wound Therapy in the Outpatient Setting | |
| CG-GENE-04 | Molecular Marker Evaluation of Thyroid Nodules | |
| CG-GENE-10 | Chromosomal Microarray Analysis (CMA) for Developmental Delay, Autism Spectrum Disorder, Intellectual Disability (Intellectual Developmental Disorder) and Congenital Anomalies | |
| CG-GENE-11 | Genotype Testing for Individual Genetic Polymorphisms to Determine Drug-Metabolizer Status | |
| CG-GENE-13 | Genetic Testing for Inherited Diseases | |
| CG-GENE-14 | Gene Mutation Testing for Solid Tumor Cancer Susceptibility and Management | |
| CG-GENE-18 | Genetic Testing for TP53 Mutations | |
| CG-GENE-19 | Detection and Quantification of Tumor DNA Using Next Generation Sequencing in Lymphoid Cancers | |
| CG-LAB-09 | Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain | |
| CG-LAB-10 | Zika Virus Testing | |
| CG-LAB-11 | Screening for Vitamin D Deficiency in Average Risk Individuals | |

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Medicaid coverage provided by Wellpoint Insurance Company to members in the Medicaid Rural Service Area and the STAR Kids program and Wellpoint Texas, Inc. to all other Wellpoint members in Texas.

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| CG-LAB-12 | Testing for Oral and Esophageal Cancer |
| CG-LAB-13 | Skin Nerve Fiber Density Testing |
| CG-LAB-14 | Respiratory Viral Panel Testing in the Outpatient Setting |
| CG-LAB-17 | Molecular Gastrointestinal Pathogen Panel (GI PP) Testing for Infectious Diarrhea in the Outpatient Setting |
| CG-LAB-19 | Laboratory Evaluation of Vitamin B12 |
| CG-LAB-20 | Thyroid Testing |
| CG-LAB-21 | Serum Iron Testing |
| CG-LAB-22 | Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis |
| CG-LAB-25 | Outpatient Glycated Hemoglobin and Protein Testing |
| CG-LAB-29 | Gamma Glutamyl Transferase Testing |
| CG-LAB-30 | Outpatient Laboratory-based Blood Glucose Testing |
| CG-MED-05 | Ketogenic Diet for Treatment of Intractable Seizures |
| CG-MED-24 | Electromyography and Nerve Conduction Studies |
| CG-MED-26 | Neonatal Levels of Care |
| CG-MED-28 | Iontophoresis |
| CG-MED-34 | Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures |
| CG-MED-35 | Retinal Telescreening Systems |
| CG-MED-39 | Bone Mineral Density Testing Measurement |
| CG-MED-40 | External Ambulatory Event Monitors to Detect Cardiac Arrhythmias |
| CG-MED-41 | Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting |
| CG-MED-45 | Transrectal Ultrasonography |
| CG-MED-46 | Electroencephalography and Video Electroencephalographic Monitoring |
| CG-MED-48 | Scrotal Ultrasound |
| CG-MED-49 | Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders |
| CG-MED-51 | Three-Dimensional (3-D) Rendering of Imaging Studies |
| CG-MED-55 | Site of Care: Advanced Radiologic Imaging |
| CG-MED-56 | Non-Obstetrical Transvaginal Ultrasonography |
| CG-MED-57 | Cardiac Stress Testing with Electrocardiogram |
| CG-MED-61 | Preoperative Testing for Low-Risk Invasive Procedures and Surgeries |
| CG-MED-62 | Resting Electrocardiogram Screening in Adults |
| CG-MED-64 | Transcatheter Ablation of Arrhythmogenic Foci in the Pulmonary Veins |
| CG-MED-65 | Manipulation Under Anesthesia |
| CG-MED-66 | Cryopreservation of Oocytes or Ovarian Tissue |
| CG-MED-69 | Inhaled Nitric Oxide |

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| CG-MED-72 | Hyperthermia for Cancer Therapy | |
| CG-MED-74 | Implantable Ambulatory Event Monitors and Mobile Cardiac Telemetry | |
| CG-MED-76 | Magnetic Source Imaging and Magnetoencephalography | |
| CG-MED-78 | Anesthesia Services for Interventional Pain Management Procedures | |
| CG-MED-81 | Ultrasound Ablation for Oncologic Indications | |
| CG-MED-83 | Site of Care: Specialty Pharmaceuticals | |
| CG-MED-86 | Enhanced External Counterpulsation in the Outpatient Setting | |
| CG-MED-93 | Navigational Bronchoscopy | |
| CG-MED-95 | Transanal Irrigation | New |
| CG-OR-PR-08 | Microprocessor Controlled Lower Limb Prosthesis | New |
| CG-OR-PR-09 | Microprocessor Controlled Knee-Ankle-Foot Orthosis | New |
| CG-REHAB-03 | Pulmonary Rehabilitation | |
| CG-REHAB-10 | Level of Care: Outpatient Physical Therapy, Occupational Therapy and Speech-Language Pathology Services | |
| CG-SURG-03 | Blepharoplasty, Blepharoptosis Repair and Brow Lift | |
| CG-SURG-05 | Maze Procedure | |
| CG-SURG-07 | Vertical Expandable Prosthetic Titanium Rib | |
| CG-SURG-08 | Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury | |
| CG-SURG-09 | Temporomandibular Disorders | |
| CG-SURG-11 | Surgical Treatment for Dupuytren's Contracture | |
| CG-SURG-15 | Endometrial Ablation | |
| CG-SURG-18 | Septoplasty | |
| CG-SURG-24 | Functional Endoscopic Sinus Surgery (FESS) | |
| CG-SURG-25 | Injection Treatment for Morton's Neuroma | |
| CG-SURG-28 | Transcatheter Uterine Artery Embolization | |
| CG-SURG-29 | Lumbar Discography | |
| CG-SURG-30 | Tonsillectomy for Children with or without Adenoidectomy | |
| CG-SURG-31 | Treatment of Keloids and Scar Revision | |
| CG-SURG-36 | Adenoidectomy | |
| CG-SURG-46 | Myringotomy and Tympanostomy Tube Insertion | |
| CG-SURG-49 | Endovascular Techniques (Percutaneous or Open Exposure) for Arterial Revascularization of the Lower Extremities | |
| CG-SURG-51 | Outpatient Cystourethroscopy | |
| CG-SURG-55 | Cardiac Electrophysiological Studies (EPS) and Catheter Ablation | |
| CG-SURG-56 | Diagnostic Fiberoptic Flexible Laryngoscopy | |
| CG-SURG-57 | Diagnostic Nasal Endoscopy | |
| CG-SURG-58 | Radioactive Seed Localization of Nonpalpable Breast Lesions | |
| CG-SURG-59 | Vena Cava Filters | |

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| CG-SURG-61 | Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver |
| CG-SURG-63 | Cardiac Resynchronization Therapy with or without an Implantable Cardioverter Defibrillator for the Treatment of Heart Failure |
| CG-SURG-72 | Endothelial Keratoplasty |
| CG-SURG-73 | Balloon Sinus Ostial Dilation |
| CG-SURG-75 | Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions |
| CG-SURG-76 | Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty |
| CG-SURG-77 | Refractive Surgery |
| CG-SURG-78 | Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies |
| CG-SURG-86 | Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection |
| CG-SURG-87 | Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring |
| CG-SURG-89 | Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia |
| CG-SURG-90 | Mohs Micrographic Surgery |
| CG-SURG-91 | Minimally Invasive Ablative Procedures for Epilepsy |
| CG-SURG-92 | Paraesophageal Hernia Repair |
| CG-SURG-93 | Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction |
| CG-SURG-96 | Intraocular Telescope |
| CG-SURG-98 | Prostate Biopsy using MRI Fusion Techniques |
| CG-SURG-101 | Ablative Techniques as a Treatment for Barrett's Esophagus |
| CG-SURG-102 | Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy |
| CG-SURG-103 | Penile Circumcision |
| CG-SURG-104 | Intraoperative Neurophysiological Monitoring |
| CG-SURG-105 | Corneal Collagen Cross-Linking |
| CG-SURG-106 | Venous Angioplasty with or without Stent Placement or Venous Stenting Alone |
| CG-SURG-108 | Stereotactic Radiofrequency Pallidotomy |
| CG-SURG-111 | Open Sacroiliac Joint Fusion |
| CG-SURG-112 | Carpal Tunnel Decompression Surgery |
| CG-SURG-113 | Tonsillectomy with or without Adenoidectomy for Adults |
| CG-SURG-114 | Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy |
| CG-SURG-115 | Mechanical Embolectomy for Treatment of Stroke |
| CG-SURG-116 | Surgical Treatment of Hyperhidrosis |
| CG-SURG-117 | Balloon Dilation of the Eustachian Tubes |

CG-THER-RAD-07 Intravascular Brachytherapy (Coronary and Non-Coronary)