

## **Clinical Utilization Management Guidelines**

Attached is a list of the *Clinical UM Guidelines* the health plan has adopted.

The full list of *Medical Policies* and *Clinical Utilization Management (UM)* Guidelines are publicly available on the **Medical Policy and Clinical UM Guideline subsidiary website**. Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

InterQual® Criteria or MCG care guidelines are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established *Medical Policy* or *Clinical UM Guideline*.

Medicaid state contracts, regulatory guidance, CMS requirements and our *Medical Policy/Clinical UM Guidelines* supersede MCG care guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements or in our *Medical Necessity Criteria Policy ADMIN.0004*.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.



## Clinical Utilization Management Guidelines

The *Clinical Utilization Management Guidelines* (CUMG) below, that are indicated as new, were adopted by the Medical Operations Committee for Medicaid members on December 21, 2023.

To view a guideline, visit *Medical Policies* and *Clinical UM Guidelines* | Wellpoint.

| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-ADMIN-01 | Clinical Utilization Management (UM) Guideline for Pre-<br>Payment Review Medical Necessity Determinations When No<br>Other Clinical UM Guideline Exists |          |
| CG-ANC-03   | Acupuncture  |          |
| CG-ANC-04   | Ambulance Services: Air and Water  |          |
| CG-ANC-05   | Ambulance Services: Ground; Emergent   |          |
| CG-ANC-06   | Ambulance Services: Ground; Nonemergent  |          |
| CG-ANC-07   | Inpatient Interfacility Transfers  |          |
| CG-ANC-08   | Mobile Device-Based Health Management Applications   |          |
| CG-BEH-14   | Intensive In-Home Behavioral Health Services   |          |
| CG-BEH-15   | Activity Therapy for Autism Spectrum Disorders and Rett<br>Syndrome  |          |
| CG-DME-03   | Neuromuscular Stimulation in the Treatment of Muscle Atrophy   |          |
| CG-DME-04   | Electrical Nerve Stimulation, Transcutaneous, Percutaneous   |          |
| CG-DME-05   | Cervical Traction Devices for Home Use   |          |
| CG-DME-06   | Compression Devices for Lymphedema   |          |
| CG-DME-07   | Augmentative and Alternative Communication (AAC) Devices with Digitized or Synthesized Speech Output   |          |
| CG-DME-08   | Infant Home Apnea Monitors   |          |
| CG-DME-09   | Continuous Local Delivery of Analgesia to Operative Sites using<br>an Elastomeric Infusion Pump During the Postoperative Period                          |          |
| CG-DME-10   | Durable Medical Equipment  |          |
| CG-DME-12   | Home Phototherapy Devices for Neonatal Hyperbilirubinemia  |          |
| CG-DME-13   | Lower Limb Prosthesis  |          |
| CG-DME-15   | Hospital Beds and Accessories  |          |
| CG-DME-16   | Pressure Reducing Support Systems Groups 1, 2 and 3  |          |
| CG-DME-18   | Home Oxygen Therapy  |          |
| CG-DME-19   | Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes  |          |
| CG-DME-20   | Orthopedic Footwear  |          |
| CG-DME-21   | External Infusion Pumps for the Administration of Drugs in the<br>Home or Residential Care Settings  |          |
| CG-DME-22   | Ankle-Foot & Knee-Ankle-Foot Orthoses  |          |
| CG-DME-23   | Lifting Devices for Use in the Home  |          |

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| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-DME-24   | Wheeled Mobility Devices: Manual Wheelchairs — Standard,<br>Heavy Duty and Lightweight                         |          |
| CG-DME-25   | Seat Lift Mechanisms   |          |
| CG-DME-26   | Back-Up Ventilators in the Home Setting  |          |
| CG-DME-30   | Prothrombin Time Self-Monitoring Devices   |          |
| CG-DME-31   | Powered Wheeled Mobility Devices   |          |
| CG-DME-33   | Wheeled Mobility Devices: Manual Wheelchairs — Ultra<br>Lightweight  |          |
| CG-DME-34   | Wheeled Mobility Devices: Wheelchair Accessories   |          |
| CG-DME-35   | Electric Breast Pumps  |          |
| CG-DME-36   | Pediatric Gait Trainers  |          |
| CG-DME-37   | Air Conduction Hearing Aids  |          |
| CG-DME-39   | Dynamic Low-Load Prolonged-Duration Stretch Devices  |          |
| CG-DME-40   | Noninvasive Electrical Bone Growth Stimulation of the Appendicular Skeleton                                    |          |
| CG-DME-41   | Ultraviolet Light Therapy Delivery Devices for Home Use  |          |
| CG-DME-42   | Nonimplantable Insulin Infusion and Blood Glucose Monitoring<br>Devices  |          |
| CG-DME-43   | High Frequency Chest Compression Devices for Airway<br>Clearance   |          |
| CG-DME-44   | Electric Tumor Treatment Field (TTF)   |          |
| CG-DME-45   | Ultrasound Bone Growth Stimulation   |          |
| CG-DME-46   | Pneumatic Compression Devices for Prevention of Deep Vein<br>Thrombosis of the Extremities in the Home Setting |          |
| CG-DME-47   | Noninvasive Home Ventilator Therapy for Respiratory Failure  |          |
| CG-DME-48   | Vacuum Assisted Wound Therapy in the Outpatient Setting  |          |
| CG-DME-49   | Standing Frames  |          |
| CG-DME-50   | Automated Insulin Delivery Systems   | New      |
| CG-DME-51   | External Insulin Pumps   | New      |
| CG-DME-52   | Continuous Passive Motion Devices in the Home Setting  | New      |
| CG-LAB-03   | Tropism Testing for HIV Management   |          |
| CG-LAB-09   | Drug Testing or Screening in the Context of Substance Use<br>Disorder and Chronic Pain                         |          |
| CG-LAB-10   | Zika Virus Testing   |          |
| CG-LAB-11   | Screening for Vitamin D Deficiency in Average Risk Individuals   |          |
| CG-LAB-12   | Testing for Oral and Esophageal Cancer   |          |
| CG-LAB-13   | Skin Nerve Fiber Density Testing   |          |
| CG-LAB-14   | Respiratory Viral Panel Testing in the Outpatient Setting  |          |
| CG-LAB-15   | Red Blood Cell Folic Acid Testing  |          |
| CG-LAB-16   | Serum Amylase Testing  |          |

| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-LAB-17   | Molecular Gastrointestinal Pathogen Panel (GIPP) Testing for Infectious Diarrhea in the Outpatient Setting |          |
| CG-LAB-19   | Laboratory Evaluation of Vitamin B12   |          |
| CG-LAB-20   | Thyroid Testing  |          |
| CG-LAB-21   | Serum Iron Testing   |          |
| CG-LAB-22   | Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis       |          |
| CG-LAB-24   | Outpatient Urine Culture   |          |
| CG-LAB-25   | Outpatient Glycated Hemoglobin and Protein Testing   |          |
| CG-LAB-26   | Outpatient Alpha-Fetoprotein Testing   |          |
| CG-LAB-27   | Human Chorionic Gonadotropin Testing   |          |
| CG-LAB-28   | Prostate Specific Antigen Testing  |          |
| CG-LAB-29   | Gamma Glutamyl Transferase Testing   |          |
| CG-LAB-30   | Outpatient Laboratory-based Blood Glucose Testing  |          |
| CG-MED-02   | Esophageal pH Monitoring   |          |
| CG-MED-05   | Ketogenic Diet for Treatment of Intractable Seizures   |          |
| CG-MED-08   | Home Enteral Nutrition   |          |
| CG-MED-19   | Custodial Care   |          |
| CG-MED-21   | Anesthesia Services and Moderate ("Conscious") Sedation  |          |
| CG-MED-23   | Home Health  |          |
| CG-MED-24   | Electromyography and Nerve Conduction Studies  |          |
| CG-MED-26   | Neonatal Levels of Care  |          |
| CG-MED-28   | Iontophoresis  |          |
| CG-MED-34   | Monitored Anesthesia Care for Gastrointestinal Endoscopic<br>Procedures                                    |          |
| CG-MED-35   | Retinal Telescreening Systems  |          |
| CG-MED-37   | Intensive Programs for Pediatric Feeding Disorders   |          |
| CG-MED-38   | Inpatient admission for Radiation Therapy for Cervical or<br>Thyroid Cancer                                |          |
| CG-MED-39   | Bone Mineral Density Testing Measurement   |          |
| CG-MED-40   | External Ambulatory Event Monitors to Detect Cardiac<br>Arrhythmias  |          |
| CG-MED-41   | Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting                            |          |
| CG-MED-42   | Maternity Ultrasound in the Outpatient Setting   |          |
| CG-MED-45   | Transrectal Ultrasonography  |          |
| CG-MED-46   | Electroencephalography and Video Electroencephalographic<br>Monitoring                                     |          |
| CG-MED-47   | Fundus Photography   |          |
| CG-MED-48   | Scrotal Ultrasound   |          |

| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-MED-49   | Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic<br>Emissions (OAEs) for Hearing Disorders |          |
| CG-MED-50   | Visual, Somatosensory and Motor Evoked Potentials  |          |
| CG-MED-51   | Three-Dimensional (3-D) Rendering of Imaging Studies   |          |
| CG-MED-52   | Allergy Immunotherapy (Subcutaneous)   |          |
| CG-MED-53   | Cervical Cancer Screening Using Cytology and Human<br>Papillomavirus Testing                         |          |
| CG-MED-54   | Strapping  |          |
| CG-MED-55   | Site of Care: Advanced Radiologic Imaging  |          |
| CG-MED-56   | Non-Obstetrical Transvaginal Ultrasonography   |          |
| CG-MED-57   | Cardiac Stress Testing with Electrocardiogram  |          |
| CG-MED-59   | Upper Gastrointestinal Endoscopy in Adults   |          |
| CG-MED-61   | Preoperative Testing for Low-Risk Invasive Procedures and Surgeries                                  |          |
| CG-MED-62   | Resting Electrocardiogram Screening in Adults  |          |
| CG-MED-64   | Transcatheter Ablation of Arrhythmogenic Foci in the<br>Pulmonary Veins                              |          |
| CG-MED-65   | Manipulation Under Anesthesia  |          |
| CG-MED-66   | Cryopreservation of Oocytes or Ovarian Tissue  |          |
| CG-MED-68   | Therapeutic Apheresis  |          |
| CG-MED-69   | Inhaled Nitric Oxide   |          |
| CG-MED-70   | Wireless Capsule Endoscopy for Gastrointestinal Imagine and the Patency Capsule                      |          |
| CG-MED-71   | Chronic Wound Care in the Home or Outpatient Setting   |          |
| CG-MED-73   | Hyperbaric Oxygen Therapy (Systemic/Topical)   |          |
| CG-MED-78   | Anesthesia Services for Interventional Pain Management<br>Procedures                                 |          |
| CG-MED-79   | Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm<br>Pacing Systems                              |          |
| CG-MED-81   | High Intensity Focused Ultrasound (HIFU) for Oncologic<br>Indications                                |          |
| CG-MED-83   | Site of Care: Specialty Pharmaceuticals  |          |
| CG-MED-84   | Non-Obstetric Gynecologic Duplex Ultrasonography of the Abdomen and Pelvis in the Outpatient Setting |          |
| CG-MED-85   | Posterior Segment Optical Coherence Tomography   |          |
| CG-MED-86   | Enhanced External Counterpulsation in the Outpatient Setting   |          |
| CG-MED-88   | Preimplantation Genetic Diagnosis Testing  |          |
| CG-MED-89   | Home Parenteral Nutrition  |          |
| CG-MED-90   | Chelation Therapy  |          |
| CG-MED-91   | Remote Therapeutic and Physiologic Monitoring Services   |          |
| CG-MED-92   | Foot Care Services   |          |

| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-MED-93   | Navigational Bronchoscopy  |          |
| CG-MED-94   | Vestibular Function Testing  | New      |
| CG-MED-95   | Transanal Irrigation   |          |
| CG-OR-PR-02 | Prefabricated and Prophylactic Knee Braces   |          |
| CG-OR-PR-03 | Custom-made Knee Braces  |          |
| CG-OR-PR-04 | Cranial Remodeling Bands and Helmets (Cranial Orthotics)   |          |
| CG-OR-PR-05 | Myoelectric Upper Extremity Prosthesis Devices   |          |
| CG-OR-PR-06 | Spinal Orthoses: Thoracic-Lumber-Sacral (TLSO), Lumbar-<br>Sacral (LSO), and Lumber  |          |
| CG-OR-PR-08 | Microprocessor Controlled Lower Limb Prosthesis  |          |
| CG-OR-PR-09 | Microprocessor Controlled Knee-Ankle-Foot Orthosis   |          |
| CG-REHAB-02 | Outpatient Cardiac Rehabilitation  |          |
| CG-REHAB-03 | Pulmonary Rehabilitation   |          |
| CG-REHAB-07 | Skilled Nursing and Skilled Rehabilitation Services (Outpatient)   |          |
| CG-REHAB-08 | Private Duty Nursing in the Home Setting   |          |
| CG-REHAB-10 | Level of Care: Outpatient Physical Therapy, Occupational<br>Therapy and Speech-Language Pathology Services   |          |
| CG-REHAB-12 | Rehabilitative and Habilitative Services in the Home Setting:<br>Physical Medicine/Physical Therapy, Occupational Therapy and<br>Speech-Language Pathology |          |
| CG-SURG-01  | Colonoscopy  |          |
| CG-SURG-03  | Blepharoplasty, Blepharoptosis Repair and Brow Lift  |          |
| CG-SURG-05  | Maze Procedure   |          |
| CG-SURG-07  | Vertical Expandable Prosthetic Titanium Rib  |          |
| CG-SURG-08  | Sacral Nerve Stimulation as a Treatment of Neurogenic<br>Bladder Secondary to Spinal Cord Injury   |          |
| CG-SURG-09  | Temporomandibular Disorders  |          |
| CG-SURG-10  | Ambulatory or Outpatient Surgery Center Procedures   |          |
| CG-SURG-11  | Surgical Treatment for Dupuytren's Contracture   |          |
| CG-SURG-12  | Penile Prosthesis Implantation   |          |
| CG-SURG-15  | Endometrial Ablation   |          |
| CG-SURG-17  | Trigger Point Injections   |          |
| CG-SURG-18  | Septoplasty  |          |
| CG-SURG-24  | Functional Endoscopic Sinus Surgery (FESS)   |          |
| CG-SURG-25  | Injection Treatment for Morton's Neuroma   |          |
| CG-SURG-28  | Transcatheter Uterine Artery Embolization  |          |
| CG-SURG-29  | Lumbar Discography   |          |
| CG-SURG-30  | Tonsillectomy for Children with or without Adenoidectomy   |          |
| CG-SURG-31  | Treatment of Keloids and Scar Revision   |          |
| CG-SURG-34  | Diagnostic Infertility Surgery   |          |
| CG-SURG-35  | Intracytoplasmic Sperm Injection (ICSI)  |          |

| CUMG number | CUMG title   | New item |
|-------------|--|----------|
| CG-SURG-36  | Adenoidectomy  |          |
| CG-SURG-37  | Destruction of Pre-Malignant Skin Lesions  |          |
| CG-SURG-40  | Cataract Removal Surgery for Adults  |          |
| CG-SURG-41  | Surgical Strabismus Correction   |          |
| CG-SURG-46  | Myringotomy and Tympanostomy Tube Insertion  |          |
| CG-SURG-50  | Assistant Surgeons   |          |
| CG-SURG-51  | Outpatient Cystourethroscopy   |          |
| CG-SURG-52  | Site of Care: Hospital-Based Ambulatory Surgical Procedures<br>and Endoscopic Services                               |          |
| CG-SURG-55  | Cardiac Electrophysiological Studies (EPS) and Catheter<br>Ablation  |          |
| CG-SURG-56  | Diagnostic Fiberoptic Flexible Laryngoscopy  |          |
| CG-SURG-57  | Diagnostic Nasal Endoscopy   |          |
| CG-SURG-58  | Radioactive Seed Localization of Nonpalpable Breast Lesions  |          |
| CG-SURG-59  | Vena Cava Filters  |          |
| CG-SURG-61  | Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors<br>Outside the Liver                                   |          |
| CG-SURG-70  | Gastric Electrical Stimulation   |          |
| CG-SURG-71  | Reduction Mammaplasty  |          |
| CG-SURG-72  | Endothelial Keratoplasty   |          |
| CG-SURG-73  | Balloon Sinus Ostial Dilation  |          |
| CG-SURG-75  | Transanal Endoscopic Microsurgical (TEM) Excision of Rectal<br>Lesions   |          |
| CG-SURG-76  | Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty                               |          |
| CG-SURG-77  | Refractive Surgery   |          |
| CG-SURG-78  | Locoregional and Surgical Techniques for Treating Primary and Metastatic Liver Malignancies                          |          |
| CG-SURG-79  | Implantable Infusion Pumps   |          |
| CG-SURG-83  | Bariatric Surgery and Other Treatments for Clinically Severe<br>Obesity  |          |
| CG-SURG-84  | Mandibular/Maxillary (Orthognathic) Surgery  |          |
| CG-SURG-86  | Endovascular/Endoluminal Repair of Aortic Aneurysms,<br>Aortoiliac Disease, Aortic Dissection and Aortic Transection |          |
| CG-SURG-87  | Nasal Surgery for the Treatment of Obstructive Sleep Apnea and Snoring   |          |
| CG-SURG-88  | Mastectomy for Gynecomastia  |          |
| CG-SURG-89  | Radiofrequency Neurolysis and Pulsed Radiofrequency<br>Therapy for Trigeminal Neuralgia                              |          |
| CG-SURG-90  | Mohs Micrographic Surgery  |          |
| CG-SURG-91  | Minimally Invasive Ablative Procedures for Epilepsy  |          |

| CUMG number    | CUMG title   | New item |
|----------------|--|----------|
| CG-SURG-92     | Paraesophageal Hernia Repair   |          |
| CG-SURG-93     | Angiographic Evaluation and Endovascular Intervention for Dialysis Access Circuit Dysfunction                                  |          |
| CG-SURG-94     | Keratoprosthesis   |          |
| CG-SURG-95     | Sacral Nerve Stimulation and Percutaneous Tibial Nerve<br>Stimulation for Urinary and Fecal Incontinence; Urinary<br>Retention |          |
| CG-SURG-96     | Intraocular Telescope  |          |
| CG-SURG-98     | Prostate Biopsy using MRI Fusion Techniques  |          |
| CG-SURG-99     | Panniculectomy and Abdominoplasty  |          |
| CG-SURG-100    | Laser Trabeculoplasty and Laser Peripheral Iridotomy   |          |
| CG-SURG-101    | Ablative Techniques as a Treatment for Barrett's Esophagus   |          |
| CG-SURG-102    | Alcohol Septal Ablation for Treatment of Hypertrophic<br>Cardiomyopathy  |          |
| CG-SURG-103    | Penile Circumcision  |          |
| CG-SURG-104    | Intraoperative Neurophysiological Monitoring   |          |
| CG-SURG-105    | Corneal Collagen Cross-Linking   |          |
| CG-SURG-106    | Venous Angioplasty with or without Stent Placement or Venous<br>Stenting Alone   |          |
| CG-SURG-108    | Stereotactic Radiofrequency Pallidotomy  |          |
| CG-SURG-111    | Open Sacroiliac Joint Fusion   |          |
| CG-SURG-112    | Carpal Tunnel Decompression Surgery  |          |
| CG-SURG-113    | Tonsillectomy with or without Adenoidectomy for Adults   |          |
| CG-SURG-114    | Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy  |          |
| CG-SURG-115    | Mechanical Embolectomy for Treatment of Stroke   |          |
| CG-SURG-116    | Surgical Treatment of Hyperhidrosis  |          |
| CG-SURG-117    | Balloon Dilation of the Eustachian Tubes   |          |
| CG-THER-RAD-07 | Intravascular Brachytherapy (Coronary and Non-Coronary)  |          |
| CG-TRANS-02    | Kidney Transplantation   |          |
| CG-TRANS-03    | Donor Lymphocyte Infusion for Hematologic Malignancies<br>after Allogeneic Hematopoietic Progenitor Cell<br>Transplantation    |          |



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