

Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) Provider Quick Reference Guide

EPSDT exams (birth to 9 months)

Components	Infancy (months)						
	Birth	3 to 5 days	1	2	4	6	9
Health history and development							
Medical and family history/update	X	X	X	→	→	→	→
Peri-natal history	X	X	X	→	→	→	→
Psycho-social/environmental assessment/update	X	X	X	→	→	→	→
Developmental surveillance (Subjective)		X	X	X	X	X	X
Developmental screening (Standard Tools)							X
Physical exam							
Systems exam	X	X	X	X	X	X	X
Vision/hearing assessments	O ²	S	S	S	S	S	S
Oral/dentition assessment	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X
Measurements and graphing:	Height and weight	X	X	X	X	X	X
	Head circumference	X	X	X	X	X	X
Risk assessments by questionnaire							
Maternal depression screening			X	X	X	X	
Lead assessment by questionnaire						X	X
Tuberculosis			X	→	→	X	→
Laboratory tests							
Newborn metabolic screening	X		X	→			
Immunizations							
History of immunizations	X	X	X	X	X	X	X
Vaccines given per schedule	X	→	→	X	X	X	→
Fluoride varnish program							X
Health education							
Age-appropriate education/guidance	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X
Scheduled return visit	X	X	X	X	X	X	X

EPSDT exams (12 to 48 months)

Components	Early childhood (months)						
	12	15	18	24	30	36	48
Health history and development							
Medical and family history/update	X	→	→	X	X	X	X
Peri-natal history	→	→	→				
Psycho-social/environmental assessment/update	X	→	→	X	X	X	X
Developmental surveillance (Subjective)	X	X	X	X	X	X	X
Developmental screening (Standard Tools)	→	→	X	X	→		
Autism screening			X	X	→		
Mental health/behavioral assessment						X	X
Physical exam							
Systems exam	X	X	X	X	X	X	X
Vision/hearing assessments	S	S	S	S	S	S/O	S/O
Oral/dentition assessment	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X
Measurements and graphing:	Height and weight	X	X	X	X	X	X
	Head circumference	X	X	X	X		
	BMI				X	X	X
Blood pressure						X	X
Risk assessments by questionnaire							
Lead assessment by questionnaire	X	X	X	X	X	X	X
Tuberculosis	X	→	→	X	→	X	X
Heart disease/cholesterol				X	X	X	X
Laboratory tests							
Blood lead test	X	→	→	X	→	→	→
Anemia Hgb/Hct	X	→	→	X	→	→	→
Immunizations							
History of immunizations	X	X	X	X	X	X	X
Vaccines given per schedule	X	X	X	→	→	→	→
Fluoride varnish program	X	X	X	X	X	X	X
Health education							
Age-appropriate education/guidance	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X
Dental education/referral	X	X	X	X	X	X	X
Scheduled return visit	X	X	X	X	X	X	X

EPSDT exams (5 to 10 years)

Components		Late childhood (years)					
		5	6	7	8	9	10
Health history and development							
Medical and family history/update		X	X	X	X	X	X
Psycho-social/environmental assessment/update		X	X	X	X	X	X
Developmental surveillance (subjective)		X	X	X	X	X	X
Mental health/behavioral assessment		X	X	X	X	X	X
Physical exam							
Systems exam		X	X	X	X	X	X
Vision/hearing assessments		S/O	S/O	S	S/O	S	S/O
Oral/dentition assessment		X	X	X	X	X	X
Nutrition assessment		X	X	X	X	X	X
Measurements and graphing:	Height and weight	X	X	X	X	X	X
	BMI	X	X	X	X	X	X
Blood pressure		X	X	X	X	X	X
Risk assessments by questionnaire							
Lead assessment by questionnaire		X					
Tuberculosis		X	X	X	X	X	X
Heart disease/cholesterol		X	X	X	X	X	X
Laboratory tests							
Blood lead test		→					
Anemia Hgb/Hct		→					
Dyslipidemia test						X	→
Immunizations							
History of immunizations		X	X	X	X	X	X
Vaccines given per schedule		→	→	→	→	→	→
Fluoride varnish program		X					
Health education							
Age-appropriate education/guidance		X	X	X	X	X	X
Counsel/referral for identified problems		X	X	X	X	X	X
Dental education/referral		X	X	X	X	X	X
Scheduled return visit		X	X	X	X	X	X

EPSDT exams (11 to 20 years)

Components	Adolescence (years)								
	11	12	13	14	15	16	17	18	19/20
Health history and development									
Medical and family history/update	X	X	X	X	X	X	X	X	X
Psycho-social/environmental assessment/update	X	X	X	X	X	X	X	X	X
Developmental surveillance (subjective)	X	X	X	X	X	X	X	X	X
Mental health/behavioral assessment	X	X	X	X	X	X	X	X	X
Substance abuse assessment	X	X	X	X	X	X	X	X	X
Depression screening	X	X	X	X	X	X	X	X	X
Physical exam									
Systems exam	X	X	X	X	X	X	X	X	X
Vision/hearing assessments	S	S/O	S	S	S/O	S	S	S/O	S
Oral/dentition assessment	X	X	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X	X	X
Measurements and graphing:	Height and weight	X	X	X	X	X	X	X	X
	BMI	X	X	X	X	X	X	X	X
Blood pressure	X	X	X	X	X	X	X	X	X
Risk assessments by questionnaire									
Tuberculosis	X	X	X	X	X	X	X	X	X
Heart disease/cholesterol	X	X	X	X	X	X	X	X	X
Sexually transmitted infections (STI)	X	X	X	X	X	X	X	X	X
Anemia	X	X	X	X	X	X	X	X	X
Laboratory tests									
Dyslipidemia test	→							X	→
HIV test					X	→	→	→	
Immunizations									
History of immunizations	X	X	X	X	X	X	X	X	X
Vaccines given per schedule	X	X	→	→	→	→	→	→	→
Health education									
Age-appropriate education/guidance	X	X	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X	X	X
Dental education/referral	X	X	X	X	X	X	X	X	X
Scheduled return visit	X	X	X	X	X	X	X	X	X